



SUPPORTING THE INTEGRATION OF MIGRANT WOMEN, REFUGEES AND ASYLUM SEEKERS

simra

EUROPEAN COMMISSION DIRECTORATE- GENERAL FOR MIGRATION AND HOME AFFAIRS
MIGRATION AND SECURITY FUNDS UNION ACTIONS



Annex 9 – Guide for the interview for vocational (re)orientation by IEKEP

1ST PART: Creation of the First Job Choices

- Have you thought of a vocation or more than one that you would like to do?
- With which criteria did you choose them?
- Has anyone helped you in choosing? If yes, who was it and in what way?
- Had you ever had any help in professional/ vocational orientation in your life?
- Do you have specific information on the vocations that you chose?
- Have you ever tried to gain more information on those?

PERSONAL REVIEW

1. Personal Interests

1.1. How are they manifested in personal life?

- What are the ones you do most often?
- What are your favorite activities?
- Why?
- Do you do –by yourself or with others
 - A manual activity
 - A mental activity
 - Which ones and why
 - What do you like about them

1.2. How are they manifested in another context?

- Have you joined any club?
- What is it about?
- How does it function?
- What do you like about it?

1.3. How are they manifested in your free time?

- What are the activities that you do most often?
- Why?
- Regardless of any obstacles what would you like to do in your free time?
- Why?

2. Professional/ Vocational Information

2.1. What vocations/ professions are you aware of?

- Do people from your environment do these?
- Have you seen how these are?
- Have you been told about them?
- Have you read something about them?

2.2. What element you think is the most important in these vocations/ professions?

3. Professional/ Vocational Interests

3.1. From the professions/ vocations you just told us about please describe

- The elements that are most interesting to you
- The elements that are the least interesting to you
- Why

3.2. Which of the vocations/ professions that you know of, would you like to do?

3.3. Which ones you would never like to do?

3.4. In an ideal world and without thinking about your current situation, what would be your dream job?

3.5. What you would never want to do?

3.6. Do you talk with your environment what is it that you would like to do as a vocation/ profession?

4. Values

4.1. From your environment, what are the three people you admire the most?
Why?

4.2. For you, what are the most important factors that one should take into account when choosing a vocation?

- The professional interest
- The conditions in the work place
- The relationships with colleagues
- The professional perspectives
- The salary
- The stability of the work place
- The prestige of the job
- The variety in the specific vocation
- Something else (Specify)

4.3. Prioritize the following “personal values”

- Professional life and development
- Family life
- Personal activities in the free time
- Offering to others
- Friends and social relations
- Other (Specify)

4.4. How much effort are you willing to put into preparing for the vocation/ profession that you like the most?

- How certain do you feel for your professional/ vocational choices?

Very

Not so much

Not at all

- Why?
- Have you ever thought of combining your professional plans with your future life?
 - Family life
 - Social life
 - Free time
 - Entertainment

- What do you think is the most difficult in choosing a profession/ vocation?
- What is the most difficult for you in choosing a profession/ vocation?

2nd PART: FAMILY LIFE

1. By whom does your family consist of?
 - What does these people do?
2. How is your relationship with the following?
 - Mother
 - Father
 - Siblings
 - Spouse
 - Children
 - 2.1. is there any specific problem with someone in your family?
 - 2.2. do you have a favorite in your family?
3. Do you talk with any of them your problems?
 - 3.1. if so, with whom?
 - 3.2. what kind of problems?
 - 3.3. how is the person responding to your problems?

3rd PART: ENVIRONMENT/ EDUCATION

1. In school and in any other educational path you have taken, what were your favorite subjects?
 - Why?
 - What was it that you liked the most?
2. In your educational path, in which subjects were you better at?

- Why?
 - Do you believe you could have done even better?
3. What subjects you liked the least?
- Why?
 - Any subject from the ones you liked the least, that you find interesting?
4. In other activities in your life, is there any or anything that you would like to be part of your profession/ vocation?
- Which one?
 - Why?



SUPPORTING THE INTEGRATION OF MIGRANT WOMEN, REFUGEES AND ASYLUM SEEKERS

simra

EUROPEAN COMMISSION DIRECTORATE- GENERAL FOR MIGRATION AND HOME AFFAIRS
MIGRATION AND SECURITY FUNDS UNION ACTIONS



INDIVIDUAL ACTION PLAN

My personal/ educational/ professional evaluation is

.....

.....

.....

After the conversation with the counselor it looks like:

- I am interested in
- I am good at
- I prefer to do/ be
- I want to

Other comments

My goals- Personal and Professional/ Vocational (priorities) are:

.....

.....

.....

Aspects that I can improve (personal/ educational/ vocational/ professional) are:

.....

.....

.....

.....



SUPPORTING THE INTEGRATION OF MIGRANT WOMEN, REFUGEES AND ASYLUM SEEKERS

simra

EUROPEAN COMMISSION DIRECTORATE- GENERAL FOR MIGRATION AND HOME AFFAIRS
MIGRATION AND SECURITY FUNDS UNION ACTIONS



My personal action plan is:

ACTIONS	STEPS TO BE TAKEN / HOW?
To reach social services to....	
To enroll in vocational training in	
To gain experience in	
To work	
To go back to school/ education	
OTHER ACTIONS	STEPS TO BE TAKEN / HOW?

Other comments

.....

.....